

PCIT Training Milestones Cohort 10

We have determined that it is most helpful to have concrete deadlines in order for trainees to progress efficiently through the training process. Text below NOT in bold are recommended progress milestones. Text in **bold** are required progress milestones that must be accomplished in order to continue training past the date specified.

Trainee Milestones and ARBEST Actions		
Milestone	Time Frame	Action if Milestone not Met
<ul style="list-style-type: none"> Complete clinic intake for at least 1 client appropriate for PCIT 	Prior to initial training	<ul style="list-style-type: none"> Increase publicity; coordinate with intake/front desk staff; re-notify all agency personnel of availability of PCIT services
<ul style="list-style-type: none"> Start 4 clients 	1 month	<ul style="list-style-type: none"> Increase publicity; coordinate with intake/front desk staff; re-notify all agency personnel of availability of PCIT services
<ul style="list-style-type: none"> Pass CDI Teach video fidelity review 	2 months	<ul style="list-style-type: none"> Resolve barriers to videotaping Increase publicity
<ul style="list-style-type: none"> Pass CDI Coach 1 video fidelity review 	3 months	<ul style="list-style-type: none"> Resolve barriers to videotaping Increase publicity
<ul style="list-style-type: none"> +The case progress spreadsheet is fully updated with client information *Trainee needs to have at least 1 active client 	4 months (August 22, 2024)	<ul style="list-style-type: none"> *Trainee needs to have at least 1 active client by the follow-up training or PCIT training will be discontinued. Trainee encouraged to focus on other EBTs. Trainee may not be eligible for IMH certification from this point on. If a trainee has 1 active client by follow-up training, continue with immediate action to increase publicity.
<ul style="list-style-type: none"> *Trainee needs to have at least 1 active client AND passed at least 1 of the video fidelity reviews 	7 months (November 5, 2024)	<ul style="list-style-type: none"> *Trainee needs to have at least 1 active client by 7 months or the PCIT training will be discontinued. Passed at least 1 of the video fidelity reviews by 7 months or PCIT training will be discontinued. Remediation plan may be submitted by agency to allow therapist to apply to a later cohort.
<ul style="list-style-type: none"> Start PDI with 1 client 	8 months	<ul style="list-style-type: none"> Increase publicity
<ul style="list-style-type: none"> Pass PDI Teach video fidelity review 	8 months	<ul style="list-style-type: none"> Resolve barriers to videotaping Increase publicity

<ul style="list-style-type: none"> • Pass PDI Coach 1 video fidelity review 	9 months	<ul style="list-style-type: none"> • Resolve barriers to videotaping • Increase publicity
<ul style="list-style-type: none"> • Start PDI with 2nd client • *Trainee needs to have at least 1 active client AND passed at least 2 of the video fidelity reviews 	12 months (April 5, 2025)	<ul style="list-style-type: none"> • *Trainee needs to have at least 1 active client by 12 months or the PCIT training will be discontinued. • Passed at least 2 of the video fidelity reviews by 12 months or PCIT training will be discontinued. • Remediation plan may be submitted by agency to allow therapist to apply to a later cohort.
<ul style="list-style-type: none"> • Graduated 1 client • *Trainee needs to have at least 1 active client • Passed at least 3 of the video fidelity reviews 	15 months (July 5, 2025)	<ul style="list-style-type: none"> • *Trainee needs to have at least 1 active client by 15 months or PCIT training will be discontinued. • Passed at least 3 of the video fidelity reviews by 15 months or PCIT training will be discontinued. • Remediation plan may be submitted by agency to allow therapist to apply to a later cohort.
<ul style="list-style-type: none"> • Graduated 2 clients • 80% attendance on consultation calls • Case progress sheet fully updated with client information 	18 months (October 5, 2025)	<ul style="list-style-type: none"> • ^PCIT training will be discontinued if the trainee does not meet training milestones.

*Active client: client who has been seen within the last 3 weeks

+The expectation is the case progress spreadsheet is updated before every consultation call.

^ Milestones will be adjusted in cases of medical leave.

The training period for PCIT is 18 months. On occasion, training has been extended for an additional 3 months. All training should be completed in 21 months unless trainee has been on medical leave. Any extension beyond this is at trainer discretion. If the trainee does not complete the training, the trainee may lose infant mental health certification if not trained in other EBTs.

Medical leave: If trainee goes on medical leave, the timing of continuation requirements will be decided on a case by case basis (2 active cases, video review requirements, etc.). All training for trainees with medical leave will be completed in 24 months.

Trainee moves to a different agency: If a trainee can begin to see cases (completed intake and identified as PCIT appropriate) within the first 2 months after starting at the new agency, they can continue. New agency leadership must agree to all PCIT requirements, sign all PCIT agreement documents, and purchase AV equipment within 1 month of trainee starting at agency. If trainee or agency is unable to meet these requirements, the trainee may reapply for a later cohort.

Trainee Continuation Beyond Training Period Criteria		
Criteria	Time Frame	Action if not met
<ul style="list-style-type: none"> The trainee needs to have 2 active clients, or 1 active and 1 graduated client. If one of the required clients leaves treatment, the trainee has 1 month to do an intake for a new client. 	18 months	<ul style="list-style-type: none"> PCIT training will discontinue.
<ul style="list-style-type: none"> If missing video reviews, trainee needs to submit a video review in the next 1-2 months (video depends on client progress and what needs to be submitted – for CDI within 1 month) to continue and another video 1-2 months thereafter (depending on phase). 	18 months	<ul style="list-style-type: none"> PCIT training will discontinue.